

MCSSL TRAVEL AND QUARANTINE

Guidance for Sports Activities

In these unprecedented times, we strive to protect the integrity of the game while also providing a safe environment for all involved. The current coronavirus COVID-19 pandemic has changed how the world approaches this situation with uncertainty and apprehension into even our most routine interactions.

In the ever-changing landscape of this pandemic, players must recognize and acknowledge that, while participating in a sport, there are inherent risks to certain activities and, in many situations, social distancing of 6 feet per person among fellow participants or others is not always possible.

Governor Murphy advises that individuals traveling to New Jersey from additional states with significant community spread of COVID-19 to quarantine for a 14-day period from the time of last contact within the identified state. The travel advisory applies to any person arriving from a state with a positive test rate higher than 10 per 100,000 residents or a state with a 10% or higher positivity rate over a 7-day national rolling average.

Travelers and those residents who are returning from impacted states (which changes daily) should self-quarantine at their home, hotel, or other temporary lodging. Individuals should leave the place of self-quarantine only to seek medical care/treatment or to obtain food and other essential items. Travelers and residents returning from impacted states typically will not need to check-in with public health officials, unless otherwise they are involved in contact tracing efforts or required to do so by their employer or any other federal, state or local law or order. It is expected that individuals will follow the public health advisory for self-quarantine.

The MCSSL Board has received numerous inquiries on the leagues position for the COVID-19 pandemic, safety of our players and what other leagues are enforcing. Players have signed waivers and agreed to participate under state, county and local guidelines. Players exposed should be diligent in following the self-quarantine NJ guidelines in protecting others from further contamination. Typically, a person develops symptoms 5 days after being infected, but symptoms can appear as early as 2 days or as late as 14 days and the time range can vary.

The MCSSL Board position is that players returning to NJ from designated "Hot" states (list published daily) must self-quarantine for the 14-day period. Players that ignore this self-quarantine state mandate will be suspended until documentation from a valid COVID-19 free result can be verified. The team manager will also be suspended during that time. If players are not truthful in following these guidelines and governing authorities are alerted, the state and local governments will rescind out permits to play.

The Board