

# MIDDLESEX RETIRED LEAGUE 2025 CODE OF CONDUCT

The League's goal is to promote participation and improve the physical, mental and spiritual wellness of our players. The league strives to provide an environment of fitness, competitiveness, sportsmanship, teamwork and friendship.

**As a participant in the Middlesex Retirement League, I will conduct myself with integrity and dignity, both on and off the field. In doing so, I agree to:**

**Abide** by the current "Official Senior Softball Guide and Playing Rules".

**Participate** as a contributing team member demonstrating allegiance to my teammates, through support and encouragement.

**Respect** that as a team member, I have an obligation to my teammates and the league to share the workload of base coaching, team logistics, and umpiring as well as paying league dues and other obligations when due.

**Neither taunt nor degrade** opponents, teammates or others.

1. **I further agree not to use or direct abusive** or profane language at anyone involved with the league and never commit an act that could be considered un-sportsmanlike.

2. and, **I recognize that any such detrimental actions to my team, or other league members will not be tolerated.** I clearly understand that actions that upset or disrupt such as verbally abusing others, walking off the field in anger or quitting my team will be a one-time occurrence resulting in suspension for the remainder of the season.

**Accept** the decision of my team manager, assistant manager and volunteer umpires in the spirit of good sportsmanship. Recognize that during play, **only team managers/assistant managers (in the manager's absence)** are allowed to discuss calls or other issues pertaining to the nature of play with the opposing managers/umpires.

**Avoid physical contact** that may cause injury to others or myself.

**Abide by all safety rules** to include using only authorized equipment, specifically bats. I recognize that the use of an illegal bat, will subject the violator to an immediate one day suspension; a second violation will result in a season-long suspension.

The Commissioner in consultation with the Associate Commissioner and the Executive Board shall have the power and full discretion to impose penalties for violations of the Code of Conduct.

In addition, players are bound by field regulations/codes of conduct imposed by Middlesex County (Phillips) and Old Bridge Township (Veteran's 1-2). Details available on each respective website.