Preface

In order to create a standardize set of playing rules for senior softball, NJSSA appointed a rules committee to research national organizations whose rules closely resemble our style of play. After many meetings and lengthy discussions it was agreed that we use the Senior Softball - USA Rule Book as our guideline.

The rules in this book have been approved and adopted, and will be used in the 50+, 60+ and 70+ State Tournaments. As always, local or county leagues still have the discretion to change or modify any rule or rules as they see fit.

These are basic general rules governing senior softball. Reference to any rule may be found in the SSUSA Rule Book.

We hope this Rule Book will help to unify our softball games and make the game more enjoyable for everyone.

-2009 Rule Committee

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